January 11, 2023

Dear CSA Parents,

CSA will be offering the popular Cooking Club again on Mondays during Quarter 3 of the 23-24 school year. Many of our students have enjoyed cooking as part of math classes I have taught in the past and have been requesting more opportunities to learn how to cook, so we are excited to be able to make this a reality for them.

In Q1 and Q2, interest in the Club was very high, and we had more interested students than I am comfortable supervising around hot plates, boiling water, and sharp knives, so for Q3, I will limit enrollment to 10 students plus 1 8th-grade assistant. The available slots will be filled based on the order in which applications were received by the front office. All permission slips will need to be submitted to the front office before the end of Jan. 19, 2024. I will not accept emailed applications or applications handed to me. All applications MUST be submitted to Ms. Tilghman in the front office.

For this Club only, we will need to collect a materials fee to cover the cost of the ingredients in addition to the regular cost of the punch cards. This materials fee will be implemented as a once-per-quarter fee equal to one punch. This punch will be charged to your punch card the first time your learner attends the Cooking Club.

We want to make sure that all students will be able to enjoy the fruits of their labor, and therefore, we ask that you let us know about any food allergies, intolerances, or serious dislikes your learners may have. Examples of common allergens are peanuts, tree nuts, gluten, milk and milk products, eggs, etc., but if your learner has other limitations, we'd like to know about those, too. For example, Ms. Uta is allergic to bananas and blood oranges and seriously dislikes cheese.

We'd also like to let you know that we will try to only use safe methods for cooking with children, such as using a microwave over a stovetop, an electric griddle over a frying pan, etc., and that we will have potholders for handling hot cooking vessels and utensils. Learners will, at times, use sharp instruments, including knives, but will receive instructions on safe usage.

At this time, the plan is to conduct the following projects:

- Jan. 22: Dessert Burrito
- Jan. 29: Spätzle (German Free-Style Noodles)
- Feb. 4: Chinese Dumplings
- Feb 11: Ugandan Rolex (Ugandan Egg and Vegetable Roll)
- Feb. 19: No Club, Presidents' Day
- Feb 26: Bannock (Scottish Soda Bread)
- Mar. 4: Pupusas (Salvadorian Corn, Bean and Cheese Patties)
- Mar. 11: Bubble and Squeak (British Potato and Brussels Sprouts Cake)

Fill out this page of this letter with the information about your learner's food allergies, food intolerances, and dislikes, and sign at the bottom. I need to have this letter returned no later than Friday, January 19, 2024, for your learner to attend the first meeting on JAN. 22, 2024. Due to the high interest in this club during this school year, I will notify all interested families by email whether or not their learners have been accepted into the club. I have explained the process I will be following. I ask that you accept my decisions regarding the selection of learners and not send your learner to attend the club unless s/he has been selected. If your learner starts attending the club at a later date, I will need this form to be returned to me by the Friday before the first attendance. Due to the need to shop ahead of time for fresh and perishable ingredients, I will not be able to make an exception to the rule, "NO FORM, NO CLUB".

ANY LEARNER WHO DOES NOT RETURN THIS PERMISSION SLIP, INCLUDING THE REQUIRED INFORMATION, WILL NOT BE PERMITTED TO PARTICIPATE IN COOKING ACTIVITIES.

_____(insert learner name) has the following food allergies/intolerances/dislikes:

_____

_____

_____ (insert learner name) has my permission to participate in the cooking club offered during after-school hours at Colorado Skies Academy by Ms. Uta.

_____   _____

Signature of Parent/Guardian   Date

_____

Print Name of Parent/Guardian must be legible)

_____

Parent/guardian email (must be legible)

_____

Parent/guardian phone number (must be legible)